October 2007

KPETS Keynotes

Keeping Pet Therapy Volunteers Konnected!

Volume 1, Issue 8

Our Mission:

KPETS is a non-profit organization established to promote Animal Assisted Therapy/Animal Assisted Activities (AAT/AAA) by recruiting, educating, uniting and coordinating volunteers with the facilities, social agencies and special-needs programs whose clients may benefit from the healing and rehabilitating effects of the animal/human bond. The unconditional love of our pets is shared with those of all ages and from all walks of life.

KPETS Board

- Karen Gerth
- Laura Whitman
- Bill Gerth
- Jim Martin
- Dr. Andrew Sloyer
- Art Amelio

590 Centerville Road #107
Lancaster, PA 17601
717.333.kpet (5738)
info@kpets.org

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Volume 1, Issue 7

AAT in Camp Hill

Holly and I would like to share with you how we have been spending our Thursday mornings for the last 5 weeks. We travel to Golden Living Assisted Living Home in Camp Hill and as soon as we enter the doors of Golden Living, we hear people calling "Holly is here" and are usually met by a resident waiting in her wheel chair near the entrance. She has difficulty with speech, but manages to tell us she is ready to 'walk the beautiful dog'. Of course Holly has to greet the receptionist and anyone she sees on the way to the elevator to the 2nd floor and the physical therapy room. She usually makes the rounds in the PT room and checks out who is there and then it is off to Holly's room, which is a small lounge.

Shortly after we get there, a physical therapist will bring one of the residents to work with Holly. We usually start off with someone who throws a tennis ball for Holly to fetch. This activity is fun for Holly, but more importantly it provides exercise for the patient's hand and helps with grip and strength.

Sometimes to help with balance, the resident throws ball while standing with the aid of a walker. There may be several different residents who throw ball and they give Holly a good workout.

We've found a bubbler that works by filling a little reservoir with bubble solution and then you pull a trigger to create a stream of bubbles. This is another exercise to strengthen hands and is always good for a lot of laughing as Holly chases after the bubbles and catches them (bacon flavored bubble mix).

By this time, Holly is ready to jump up on the vinyl covered sofa and have someone groom her. This week we had her 'groomer' also work with the buckles on her KPETS vest.

Interspersed with these activities are her walks. Holly's friend that is usually waiting by the door when we arrive takes her for a wheelchair walk. She holds a leash and I also hold a second leash and try not to get things too tangled, and off we go down the halls. This lady practices using her free hand to turn the wheels of her chair. Sometimes a resident uses a walker instead of a wheelchair and occasionally someone can walk unaided. Holly is so patient and walks very slowly and quietly.

By now, it is usually over an hour that Holly and has been working and she is ready to relax.

She had a particularly nice ending to her session this past week. The last lady to see her is blind but wanted so much to meet the dog she had been hearing about. She was seated on the couch and as soon as Holly got near her she reached out and hugged her and was so very happy to meet her. She petted her as we chatted and pretty soon Holly jumped up on the couch with her and snuggled up and went to sleep. The resident and I shared animal stories and had a few tears as she told me of her cat that she loved and thought she was being so good to it when she unknowingly fed it one of the many cat and dog foods that were tainted and her cat died. I suggested she walk Holly back to the physical therapy room and she was so excited to be able to lead Holly and couldn't wait to tell her daughter about her morning's activities. She will be looking forward to next week and another visit.

Continued on Page 2

KPETS Recap

Third Time is the Charm

This was the third year KPETS had an informational booth at the Lebanon Valley Mall Pet Expo. KPETS members Nan Hanshaw-Roberts, her mom Nancy, Nancy Campbell, Cindy Wilson, Jesse Sharpe, Deb Flage, JoEllen Meyer and Laura Whitman helped man the booth during mall hours. Saturday was a pet costume contest that Cindy participated in (or rather her beagle did) along with about 20 pets and they came away with second place. It was also a great year for sales, we made $153.09. That has to be more than triple what we have made in the past. Thanks to everyone who made it a great success. And Nan, I won't forget your offer!!!!!

– Laura Whitman

Return Request

The residents at Susquehanna Rehab had such a good time at our last presentation they asked us to back. They would like us to put on another fun presentation on either January 15th or any Saturday at 2:30. If you would like to participate, please contact me at events@kpets.org and let me know what day works best for you. We'll schedule what works for the majority.

E-town Santa Parade

The date for the Elizabethtown Santa parade is Friday November30. We can line up at 6:30 on College Ave and the parade starts at 7. It will NOT be a long wait this year as in the past. This is a fun parade! It's a short route - from College Ave, then up Market Street to the town square. There's always a huge turnout, and the therapy dogs are one of the most popular attractions! We could also use two people without dogs to hold the banner. If you are planning on attending please contact Jenny at events@kpets.org.

Request for Presentation

Mount Hope Nazareth Retirement Community in Manheim asked KPETS to put on a fun presentation for their residents. We have a lot of flexibility with the timing of this event.

We can do one of two things. We could put on a presentation at any time, or we could come on a Saturday night in January and put on a presentation during 'Family Night' for the residents and their family members, which would be a lot of fun!

If you would like to be apart of the presentation on a Saturday in January, or if you would rather be apart of a daytime presentation, please contact events@kpets.org

Sunday School Gone to the Dogs

The Sunday School classes at Concordia Evangelical Lutheran Church, in Columbia went to the dogs on Sunday, Nov. 11. Mimi Sigworth and Harmon along with Karen Gerth and Sammy did our Christian presentation for young and old. As usual, it's never a dull moment with dogs (especially when kids and food are around). I must say that Sammy took the rest of the day off from almost everything (except dinner). Mimi did an excellent job of preaching, teaching and singing too! Harmon was his usually angelic self!

Furry Friends Mutt Mixer

Thanks to Gini Swartzell and Trey, and Jenny Rule and Maddy for staffing the info booth at the Mutt Mixer held Sunday, October 28. That was a really nice time (p.s. Sammy won a trophy for the Fashion Frenzy Challenge. Mom is so proud!)

Neffsville Wellness Day

Thursday, November 15 was the Sixth Grade Wellness Fair at Neffsville Elementary School. Jenny Rule/Maddy, Jenifer Cammauf/Mollie and Karen Gerth/Podley and Karen Sage/Sally helped bring awareness on how we serve the community by sharing our pets with others and the wonderful benefits this can bring. There were six class periods, so that was six presentations in a classroom setting. And we staffed an info booth in the library for students to learn even more. This was our third year to be invited to participate in this annual event.

Nan & Smidgen - Farm City Day last month

AAT Continued from Page 1

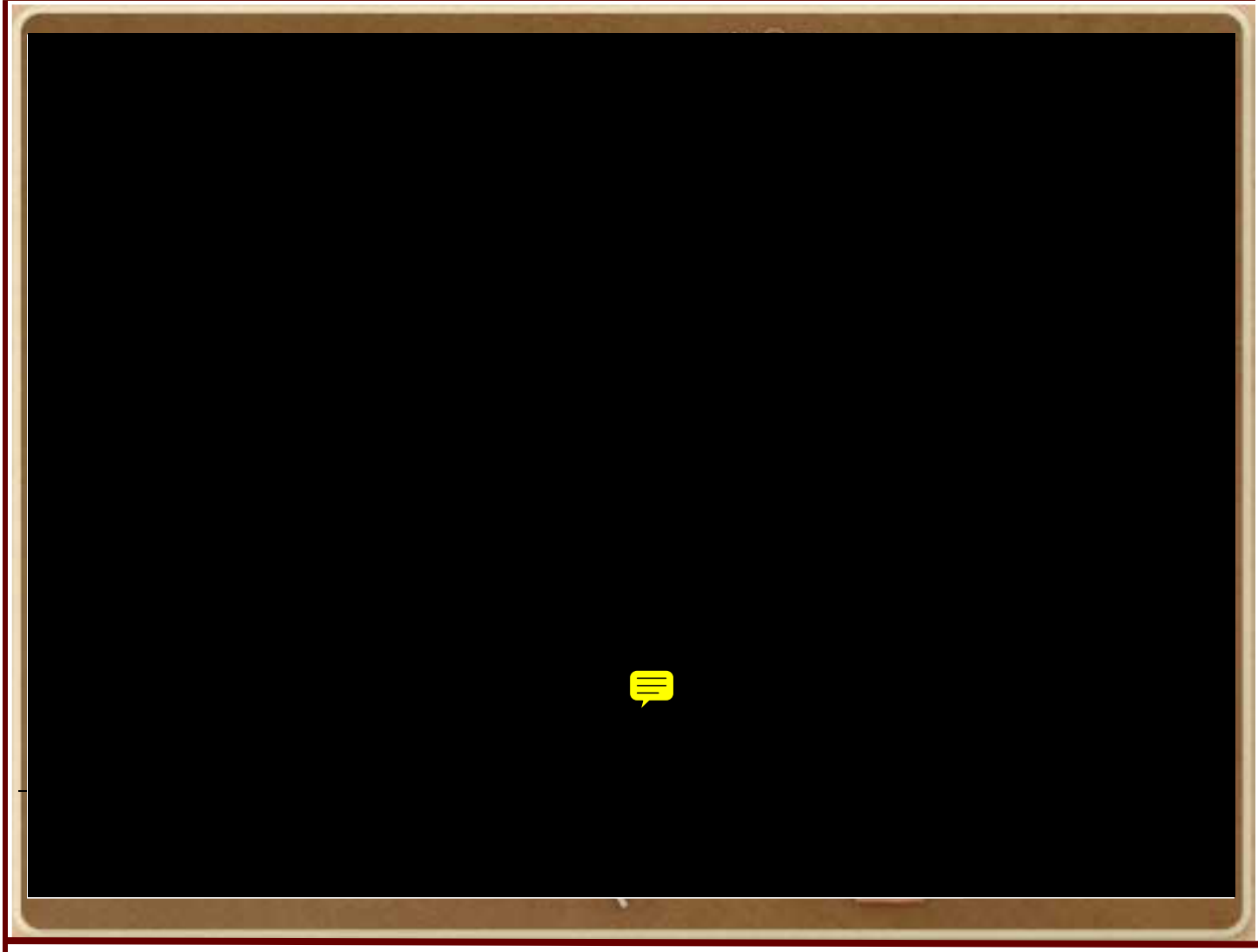
I should explain that we never work alone with the patients. It is always a 4 person team consisting of me and Holly and a physical therapist and the patient. I am responsible for Holly, the PT is responsible for the patient.

AAT (Animal Assisted Therapy) is a very rewarding activity both for me and for Holly. It adds another dimension to pet therapy visits.

- Nancy Campbell and Holly

(If you live in the Camp Hill area, are available during the day, and have a dog you think could help with this type of AAT, please contact Karen at kareng@kpets.org or 717.333.5738. This is not the only visiting Holly does. She could use some help. Thanks.

You and Your Friends Are Invited!



Volunteer Round Table

There are many of us who are active in visiting & attending KPETS functions who haven't been to our Breakfast Round-table. We'd love for you to join us and hear what you've all been up to! There are so many folks going to new places that others may not be aware of. Please consider attending these get-togethers. The food is very good, We're all of one mind in our love of our pets and our avocation of making the lives of others better. The next one is November 17 at The Moveable Feast just off of Rte 30 in Mountville, Pa at 9 a.m. We usually get a dozen or more, and our best was 24 people. We can top that! (Round Tables are held the third Saturday of even numbered months, so mark your calendars now.)

Here are what some of the regulars have to say:
The Breakfast Roundtable is great - a time to "catch up" with other KPETS friends and find out what they've been doing with their dogs...the stories are always touching or funny. The food is worth the drive - and hey, with Christmas just around the corner, you can take off from the Moveable Feast with a full tummy and do some shopping before heading home to your furry "kid." - Marlene

Pet Pictures

Have your "kids" picture taken professionally with Santa!

When: Saturday, November 17th
Time: 10 a.m.—3 p.m.
Where: Pet Headquarters, Palmyra

No appointment needed. First come first serve!

Circle M Bingo

After the craziness of summer Friday night Bingos, the Labor Day Bow Wow Brown Bag Bingo, and the two special Halloween Bingos at Circle M, it's time to take a break. Raising over $6000 since our first Bingo game, the games will resume in the Spring. Adella, Wendy - Thank you so much for getting KPETS connected with this on-going fundraiser. We really appreciate your hard work and dedication!

Lititz Halloween Parade

October 29 was the fourth time KPETS participated in the Lititz Halloween Parade. From what I understand, it was a great time for those who attended. No one submitted an article for it, but rumors get around that it was a great time. If anyone has pictures and wants to write up a story for next time, please submit it to Lori at Keynotes@kpets.org. We'd love to hear all about it!

Millersville U Project

The Millersville students are plugging away at the survey they will be sending out to facilities we visit and have had contact with. Jackie Diffenderffer and Adella Houck are working with them to fine-tune the questions, presentation and results we'd like to find out. We'll keep you posted as this project progresses.

WOW -

I just have to tell you how excited I was when I got a letter in the mail from Lancaster's WGAL-TV. It was a letter stating that I was nominated for the Jefferson Award this year. I was not selected BUT was invited to the dinner when all the winners will be announced and recognized. The fact that I was nominated and received a certificate for it, sure made my day. Thank you! *- Karen Gerth*

2008 KPETS Kalendars

Jenny has worked hard on our '08 KPETS Kalendars. The final touches are being worked out with the printer 'as we speak'. Be sure to order yours from Jenny today. We need to know how many to request for printing. Terry Rowe did an awesome job on the pics featuring teams from various facilities or types of visits we do. Great Christmas gifts!

Kids Reading Tales to Tailwaggers !

Jolene Newcomer and Marilyn Mackey pursued starting a reading program for kids at the Ephrata Library! This is awesome!

Children in grades 1-4 are invited to read a story to a KPETS registered therapy dog. Each child may choose stories on his or her reading level. This is held in the library's story room. Parents can sign their kids up on a sign-up sheet and indicate the time slot that best works for them.

For now, Jolene and Marilyn are doing this program the first Tuesday of the month from 4-5 p.m.

KPETS does have two DVD's from the Intermountain Therapy Dogs original R.E.A.D. program for our volunteers to view to equip and guide them in setting up and implementing similar programs. KPETS teams have started these in several locations like "Reading with Rosie" in Mount Joy and at Wickersham Elementary in Lancaster.
Contact Anita (gyanwolfe@dejazzd.com) f you're interested in pursuing a program in your area.

Visit Requests - *Teams needed!*

Compassionate Care Hospice - Contact Aubrey Smith at (717) 203-7104 or smith9900@comcast.net. Minimal one-hour orientation will be set up at your convenience - even before or after a visit. Looking for teams in the Honeybrook or Christiana area in Lancaster/Chester county, Masonic Village, Middletown Home, and Jewish Home.

Jewish Home - Linglestown Road, Harrisburg, PA

Lancaster Regional Medical Center - Lancaster. Flexible times available.

Lebanon Teams Cedar Haven, Lebanon Valley Home, Manor Care, Hearthstone Nursing, and Stonebridge. Please contact Sylvia at 717-865-2385 or sylvia_flinchbaugh@yahoo.com

Evergreen Estates - Lancaster, PA: 1st Saturday each month at 10 a.m. Contact Anita at gyanwolfe@dejazzd.com or 717-627-0478.

AseraCare Hospice - Contact Pat Henry at 800-551-4466 or HAP12@aol.com Requires flexible 4 hour hospice training

Lancaster Rec. Senior Center, Lancaster 525 Fairview Ave (mornings once a month)

Lancashire Hall - Lancaster: Contact Kelly McIntyre, activities director at KMcIntyre10@comcast.net or call 569-3211 ext. 228

Landis Homes, Lititz—Contact Marva @ 381-3555

Lafayette Elementary School (also in Lancaster City) is looking for KPETS teams for their READ program after school on Wednesdays for one hour any time between 2:30 and 5:30 p.m.

Adult Day Care at Choices Rehab in Lancaster United Methodist Church. Special needs Adult Day Care program is looking for team(s) to visit Monday, Tuesday or Thursday any hour between 9 and 3, weekly or bi-weekly.

Contact Jenny Rule at 717-808-0143 or events@kpets.org

DR. VISIT

Two patients limp into two different medical clinics with the same complaint. Both have trouble walking and appear to require a hip replacement.

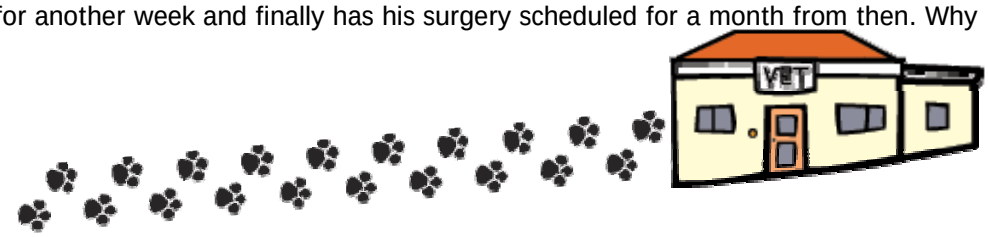
The FIRST patient is examined within the hour, is x-rayed the same day and has a time booked for surgery the following week.

The SECOND sees his family doctor after waiting 3 weeks for an appointment, then waits 8 weeks to see a specialist, then gets an x-ray, which isn't reviewed for another week and finally has his surgery scheduled for a month from then. Why the different treatment for the two patients?

The FIRST is a Golden Retriever

The SECOND is a Senior Citizen.

Next time - take me to a vet.



What's Coming Up? *Join the fun!*

To sign up to help with events or if you have any questions contact Jenny Rule at events@kpets.org or (717) 808-0143 or the contact listed for that specific event! Come enjoy the fun! Get involved!

November 17 - Volunteer Round Table. Moveable Feast, Mountville, PA 9 a.m.

November 18 - Orientation at Pet Head Quarters in Palmyra. Contact Laura at lauraw@kpets.org

November 30 - Elizabethtown Santa Parade. This event has been so much fun for all! Come and walk in the parade representing KPETS. Line up is on College Ave. in Elizabethtown at 6:30, the parade begins at 7:00.

December 6 - Keystone Drop-In Center. 2-3 p.m. Just a fun mingle time with special needs folks who'd love to met your furry friend

December 8 - Orientation at Brethren Village at 9 a.m. in Fellowship Hall.

January 19 - **Volunteer Round Table.** Moveable Feast, Mountville, PA 9 a.m.

Be sure to check www.kpets.org on the KPETS Kalendar page for additional updates! Note: Due to insurance purposes, events designated ® are only open to REGISTERED therapy teams (KPETS, Delta, TD Inc. etc.) OR teams who have taken KPETS Orientation and are working on evaluations.

KPETS Key Konnectors

Volunteer Roundtable Planner:
Carl Speros 717-397-7882 or *misskatiesdad@webtv.net*- 6:30 p.m. - Enjoy the break! Third Saturday of odd numbered months - Next on November 17 at Moveable Feast.

Phone Buddy Coordinator:
If you do not have email, contact Bobbie to get set up with a phone buddy to keep you informed between newsletters. Bobbie Sayer 717-733-0929 or *jsayer@dejazzd.com*

New Recruit Contact:
Guiding and helping potential volunteers get lined up with orientation by responding to questions via emails and phone calls. Bev Smith 717-350-6175 or *info@kpets.org* or **Chris Bordner 717-567-3852 or team.mytherapypets@bluetie.com*

Orientation Follow-up Guide:
Guiding volunteers through the registration process once orientation has been completed. BJ Shollenberger 717-397-9384 or *bjshollen@juno.com* or *Gini Swartzell 717 732-5772 or vpompoo@aol.com*

Volunteer Hours Tracking & Membership Files:
Please be sure to report your volunteer hours and travel time (as a separate amount) each month to Linda Euclide at 717-355-5232 or *volhours@kpets.org*.

Events Coordinators:
Coordinating and staffing KPETS events - Jenny Rule *717 808-0143* or events@kpets.org and Gini Swartzell *717- 732-5772 or vpompoo@aol.com*.

Pre-assessment Testers: Wendy McKelvy 717-285-9719 or training@kpets.org and Mary Merrell 717-259-8759 or marym@kpets.org. 2nd and 4th Tuesday at Mennonite Home, Lancaster. Laura Whitman, by appointment - Pet HQ in Palmyra. 717-378-9993 or lauraw@kpets.org

KPETS Keynotes Editor - Lori Reed has been helping get the Keynotes published each month. Please, if you staff an event or have any good therapy stories to share, please send them to her at keynotes@kpets.org. We'll get them in for all to enjoy. It's one way that we can keep our teams connected!

Safety Assurance Leader - Wendy McKely. Any questionable behavior observed should be reported immediately to Wendy at training@kpets.org or 717-285-9719

KPETS Team Evaluators for On-Site Supervised Visits

Laura Whitman	717-368-9993	or	lauraw@kpets.org
Wendy McKelvy	717-285-9719	or	training@kpets.org
Jody Rosser	717-725-4522	or	jrosser@lnpnews.com
Leanne Spurlin	717-898-6418	or	lspurlin28@yahoo.com
Bill Townsend	610-932-4401	or	wptownsendoxford@yahoo.com
Mary Merrell	717-259-8759	or	marym@kpets.org

Therapy Dog On Board Car Magnets

Some of you may remember the *Therapy Dog on Board* bumper stickers we had in the past. They were a test and the colors faded. We know a lot of folks don't like to 'sticker' up their cars, so we looked into a car magnet instead. We have several samples and we're going to try to look at them at the Round Table on Saturday, November 17. We'll figure out if the design works and then it's to press. So watch for more details about the *KPETS Therapy Dog on Board* car magnets.
What do you think?

KPETS Listing of Facilities currently visiting

Due to the many additions and frequent changes we will list the facilities we are currently visiting, but not the actual days and times. That can still be found on the website.

If you notice any additions, deletions or corrections, please bring it to our attention and we will update the listing. Thank you!

Facility	City	Facility Team Leader
*Acadia	Lancaster	*Carol Hopwood
Asera Care Hospice	Lancaster	
Audubon Villa	Lititz	Frank & Ginni Fossa
*Barnes Hall	Lancaster	Mark Stoner
Bosler Library		Roslyn Rhodes
Berkshire Commons	Wyomissing	Ann Palmer
Brethren Village	Neffsville	Darlene Creighton & Leanne Spurlin
Bridges at Bent Creek		Roslyn Rhodes
Cedar Crest High School & IU 13	Cedar Crest	Nancy Campbell
Cambridge Colonial Hall	Lancaster	BJ Shollenberger
Church Of God Home		Roslyn Rhodes
Claremont Nursing Home		Roslyn Rhodes
Cocalico Place – Ephrata		Bobbie Sayer
Cocalico Senior Center, Reinholds		
Colonial Lodge	Denver	Bobbie Sayer
Conestoga View	Lancaster	Pat Wood
Country Meadows	Lancaster	Luann Rittenhouse
Country Meadows	Mechanicsburg	Roslyn Rhodes
Ephrata Library	Ephrata	Jolene Newcomer
Ephrata Manor	Ephrata	Kim Michener or Marilyn Mackey
Evergreen Estates Village	Lancaster	Anita Wolfe
Fairmont Homes	Ephrata	Rick & Jenifer Cammauf
Frederickson Library	Mechanicsburg	Roslyn Rhodes
Friendship Community	Neffsville	Marlene Varner
Golden Living / Aegis Therapies	Camphill	Nancy Campbell
Garden Spot Village	New Holland	Jolene Newcomer & Marilyn Mackey
Hamilton Arms	Lancaster	BJ Shollenberger & Carl Speros
Hershey Medical Center	Hershey	Nancy Campbell
Hearthstone	Mount Joy	Connie McCarthy
Homestead Village	Lancaster	
Heartland Hospice	York & Lanc County	Fran Holt
Lancaster Generations –	Lancaster	
Lancaster Rec Senior Center	Lancaster	Lorrie / Emeber
LRMC Adult Day Care	Lancaster	BJ Shollenberger
Lebanon VA Hospital	Lebanon	Marilyn & Bruce Mackey
Lebanon Valley Home	Annville	Nancy Campbell

Facility	City	Facility Team Leader
Landis Homes Adult Day Care	Lititz	Mackeys
*Lititz Library - Paws to Read	Lititz	*Anita Wolfe
Lititz Senior Center	Lititz	
Luther Acres	Lititz	Marilyn Mackey & Jolene Newcomer
Manor Care	Elizabethtown	Mary Merrell or Fran Holt
Manor Care	Elizabethtown	Mary Gottfried
Manor Care	Lancaster	Jenifer Cammauf, Marilyn Hapke
Masonic Village	Elizabethtown	Joyce Grix
Masonic Village	Elizabethtown	Bobbie Sayer
Mennonite Home	Lancaster	Joe & Crystal Hess
Messiah Village	Mechanicsburg	Roslyn Rhodes
Moravian Manor	Lititz	Frank & Ginni Fossa
Mount Hope Dunkard Brethren Home		
Oak Leaf Manor	Millersville	Shari Sellers
Octorar Elementry	Octorara	Luann Rittenhouse
Perry Village		Roslyn Rhodes
*Phil Haven	Mt Gretna	Andy/Linda Euclide
*Phil Haven Group Home	Mt Gretna	*Bev Smith
Pinnacle Health Hospice		
Reidenbaugh Elementary	Lititz	June Wise
Rheems Nursing & Rehab Ctr	Rheems	Wendy McKelvy
*Schreiber Pediatric	Lancaster	*Karen Gerth
*Schreiber Pediatric	Lancaster	*Jenny Rule
Select Specialty Hospital	York	Mary Merrell
Stonebridge Health & Rehab Cntr	Duncannon	Roslyn Rhodes
Susquehanna Rehab & Nursing	Columbia	Becki Lieberknecht
Tel Hai	Honey Brook	Brenda Glauner
The Glen, Willow Valley	Willow Street	Jody Rosser
Twin Oaks	Campbelltown	Nan Roberts
United Zion	Lititz	Frank & Ginni Fossa
*Upper Bay Counseling	Elkton, MD	*Linda Bunch
Village Vista	Lancaster	Nancy Thomas
Ware Presbyterian Village	Oxford	Bill Townsend
Willow Lakes, Willow Valley	Willow Street	
Wiceksham Elementary School READing Program	Lancaster	Jenny Rule
Westminster Ridge	Westminster, MD	Mary Merrill
York County Nursing Home	York	Mary Merrell or Fran Holt

KPETS

Keystone Pet Enhanced Therapy Services

590 Centerville Road #107
Lancaster, PA 17601
Phone: 717-333-kpet (5738)

Reminders:

Your assistance and feedback is appreciated! Contribute your KPETS Keynotes stories, articles, corrections, comments and suggestions to keynotes@kpets.org, to be published in our monthly KPETS Keynotes Newsletter.

Please submit all your KPETS volunteer hours and details to Linda at volhours@kpets.org or call 717-355-5232. Forms available online or contact Linda.

Therapy teams from other organizations whose registration is expiring are welcome to join KPETS. Read & sign the KPETS manual packet and one supervised visit are all that are necessary. For the $25 registration fee you will have KPETS insurance and receive the KPETS manual and newsletter. Your registration also helps cover ongoing expenses for KPETS.

If you would like to be removed from this mailing, please contact us at kareng@kpets.org or 717.333.5738.